



**COVID 19 UPDATE – FALL 2020**

**FAMILY SAFETY AND CONSIDERATION TO OTHERS**

Dear VIVA,

As we enter Cough, cold, flu, allergy, and sniffle season we would like to remind our players and families of our concern and well- being to all families.

If you have any symptoms (Cough, cold, high temperature, sneezing, etc, or feel unwell – PLEASE STAY HOME until you are symptom free.

If you have been exposed to confirmed Covid-19 (Corona Virus) please do the following.

- a. Follow local, state, and federal health policies.
- b. Stay home for 14 days, or
- c. Get tested with confirmation that you have not contracted Covid-19 and return to practices

If you believe you have been exposed to unconfirmed Covid-19 (Corona Virus) please do the following.

- a. Please stay home until you or the person you came in contact with has negative Covid-19 results
- b. If Negative Return to practice
- c. If Positive – follow Local, state and Federal policies. (Stay home until confirmed clear of virus per your doctor.

**REMINDER**

PLEASE MAKE SURE THAT PARENTS AND COACHES ARE WEARING FACE MASKS AT PRACTICE AND PLEASE MAKE SURE THAT ALL PLAYERS ARE WEARING MASKS TO AND FROM THE SOCCER FIELD. PLEASE MAKE SURE THAT PLAYERS BAGS ARE SEPARATED BY SIX FEET WHEN ATTENDING PRACITCE SO THAT THEY CAN DRINK WATER AND REMAIN SOCIAL DISTANCED