

## RETURN TO PLAY REMINDER – VILLARREAL VIRGINIA ACADEMY



### PLAYERS – COACHES – VOLUNTEERS

- If you are sick (COVID-19 symptoms) stay home
- Suggested to wear mask to and from soccer field.
- Players must stay in the car until their practice start time. You are not permitted to sit on the side of the field and wait for your practice start time.
- Bring light and Dark shirt to practice
- Must bring your own soccer ball to practice
- Not allowed to share water at field with anyone
- Do not stand in a group talking to each other – spread out 6 feet
- Go to the practice box set up for you and directed by coach; (warm-ups)
- Attend every practice with clean uniform
- **If parents leave their car, they must wear a mask per Fairfax County!**
- Be punctual to and from practice
- Players return to cars right after practice and sanitize hands
- No hanging out at field after practice
- Maximum players on field 100 – Only for players and coaches and parents of an injured player (11 v 11 Field)
- **Players will wear masks to and from the Practice field**

### COACHES & VOLUNTEERS & PARENTS

- Coaches will wear masks
- Coaches cannot use Pennies/Bibs
- Volunteers will wear masks
- When addressing the team make sure social distancing is maintained
- Scrimmaging at the end of practice
- No family member on the field – Must be outside the fence.
- Do not tolerate walk on traffic on field – must be politely removed
- Parents must wear masks once out of the car and by the soccer field

### GAMES

VIRGINIA NPSL AND NCSL WILL HAVE STRICT RULES THAT WILL NEED TO BE FOLLOWED. This will be provided as soon as the league makes them available.

Face masks for parents, coaches, along with punctual arrival and departure will be an important part of the league mandates. Info to follow: